

DIY CLAY BODY SCULPTURES

What more can a body do?

- 1 Using clay or play-doh begin squeezing, shaping and sculpting it into a body
- 2 Discuss the bodies that you are making with the people you are with:
 - Is it human, animal, cyborg?
 - Are they smooth and / or bumpy? Hard and / or squishy?
 - What can your body do?
- 3 See if you can bring your body to life (e.g. through animation or film)
- 4 Who would you most want to share the story of your body-sculpture with? (friends, beauty agency, everyone, no-one)

What you'll need

Clay or play-doh



"Clay is an interesting material to think with as it can be pounded, pressed and pulled into various forms, but it is also difficult to make it conform to the images in our heads"

"Working with the clay created space for mistakes and laughter, as well as connected with our own bodily struggles to achieve societal standards of perfection"



Before you begin adapting this activity for the children and young people in your setting, read the section on **Safety and Support**.